





We have a program called Transition to Work.

The program is for people with disability who are finishing school.

The program helps you build skills for work.



## How Lifestyle Solutions can help

We can support you to finish school.

This includes

- Helping you to manage your school work
- Making a study plan



We can support you to get a job.

This includes building your skills to

- Talk to people at work
- Make friends at work



- Use a computer
- Be safe at work
- Travel to work.

We can teach you how to manage your money and time.



## **NDIS**

Speak to your Local Area Coordinator or LAC. Ask for Independent Living Skills in your NDIS plan.

## For more information



1800 634 748



 ${\bf enquiry@lifestyle solutions.org.au}$ 



www.lifestylesolutions.org.au

This factsheet is written in a way that is easy to read.